

Message Study Guide

(Scriptures & quotes from this week's message are available on thorncreek.church/live)

Warming up

1. Have you been watching any of the Olympics? If so, what is your favorite sport?

Digging Deeper & Application

Take your time reading the scripture given. If possible look up the verses in different versions and pause at each verse and discuss it.

2. Please read all of chapter Psalm 55.
3. What is David's prayer request? Who hurt him? What was the relationship with David? What made this hurt go so deep? Read verses 12 to 14.
4. Have you ever been hurt by someone in church? You do not need to go into details, but how did you resolve it? Did you walk away? Did you withdraw? Did you lash out? Did you talk to leadership? Did you forgive?
5. Is it easier or harder to be hurt by someone in the church? Why or why not?
6. Pastor Ruben talked about expectations. Have you ever been hurt at work, in a relationship, in a friendship, in a marriage? Why is church different?
7. Nicky Gumbel said, "Churches are not museums that display perfect people. They are hospitals where the wounded, hurt, injured and broken find healing."
8. Pastor Ruben said, "anytime you deal with people, there's a chance of getting hurt." What are your thoughts? How has the devil used hurt in churches and relationships? What is the goal of the devil?
9. According to John 2:23-25, what did Jesus know about the human heart? What lesson can we take from this? How have you seen people respond to being hurt in church?
10. Are there times when we are too "touchy" about situations? Pastor Ruben said, If you believe the best in others, it will save you a lot of heartache. What are your thoughts?

Application

Below are some of the points or quotes shared in the message.
Discuss how they apply to your life.

- Pastor Ruben shared these the following 10 Life Applications:
- Cry out to God
- Don't let a negative church experience cause you to drift from God.
- Choose to love. Read John 13:35.
- Extend grace to your spiritual leaders. Read Heb 13:17.
- Meet with the pastor to communicate in a respectful and loving way.
- Don't judge all churches by one church.
- Resist the urge to speak negatively about the church or the person. Read Matt 15:18.
- Don't wait to be hurt again.
- Forgive.
- Let God heal you. Read Psalm 147:3