

Message Study Guide

(Scriptures & quotes from this week's message are available on thorncreek.church/live)

Warming up

1. What do you do when you feel exhausted to get through the day?

Digging Deeper & Application

Take your time reading the scripture given. If possible look up the verses in different versions and pause at each verse and discuss it.

2. Read all of Psalm 18. What part(s) stick out to you most? Share how the entire psalm makes you feel.
3. 1 Samuel 18:6-11 talks about the beginning of Saul being jealous of David. What did Saul do to David?
4. Read Psalm 18:4-5. Find accounts in 1 and 2 Samuel of times that David was running or fighting for his life.
 - a. Can you relate with any of David's struggles?
 - b. What "torrents of destruction" or other troubles have you experienced in life that have left you exhausted?
5. What is your first, natural reaction to troubles in your life?

According to Psalm 18:6 what should we do when we face troubles?

6. What does your worship look like day to day?
7. When was the last time you worshiped God by crying out to Him?
8. What is your favorite way to worship God?
9. Read Psalm 18:25-36. How would you describe David's worship in these verses?

10. Read Psalm 18:1-3. According to these verses, who is God to David?
11. How was David able to make it through all the trouble and fighting in his life?
12. David Legge said this about the Hebrew word used for love in verse 1, "It is one of the most tender of words for 'affection', and in fact this word is nowhere else used in the Scriptures in relation to man's love toward God, it's only ever used to express the great, deep, wide, broad, infinite love that God has toward men." What creates that type of love for God in a person?

Application

Below are some of the points or quotes shared in the message.
Discuss how they apply to your life.

- We worship God in our weakness by crying out to Him for help.
- Satan uses a constant level of pressure to wear us out. He's playing the long game.
- When you worship God, your attention is no longer on the trouble but on the deliverer.
- "When he was conscious that the object of his worship was such as he has pointed out in the above nine particulars, it is no wonder that he resolves to call upon him; and no wonder that he expects, in consequence, to be saved from his enemies; for who can destroy him whom such a God undertakes to save?" - Adam Clarke
- God is your strength!