



Message Study Guide

(Scriptures & quotes from this week's message are available on thorncreek.church/live)

Warming up

1. Have you ever looked back at a life changing decision that you made 10-20 years ago? How did it define your life? Would you do anything differently?

Digging Deeper & Application

Take your time reading the scripture given. If possible look up the verses in different versions and pause at each verse and discuss it.

2. Today we're looking at a woman named Deborah. You can find her in the Book of Judges. Judges were used by God between the death of Joshua and the coronation of King Saul.

According to Judges 2:16, what was the purpose of Judges?

3. The spiritual cycle that you see the Israelites go through is: Sin - Oppression - Repentance - Deliverance (Judge) - Peace.

- a. Can you identify with this cycle in your life?
- b. Why do you think people go through this cycle repeatedly?
- c. Why don't we learn our lesson?

4. You find the story of Debroah in Judges 4 and 5.

- a. According to Judges 4:1-3, what did the Israelites do...again?
- b. What did God do?
- c. How many years was Israel living in oppression?
- d. What was the turning point?
- e. Why do you think it takes so long for some people to turn to God?

5. According to Judges 21:25, what was the culture like during the days of Debroah?

- a. What does this look like at a practical level in our world?
- b. Do you feel like we're shifting to this culture today? Why or why not?

6. Please read Judges 4:4-10.

- a. What did Deborah sit under?
- b. Who did she summon?
- c. What was Barak's condition for Deborah?



- d. What did Deborah say and do?
 - e. What else strikes you in this passage?
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7. Read Judges 4:11-16.
 - a. What did God do to Sisera?
 - b. How did God help in the victory?

 8. According to Judges 4:17-23, what happened to Sisera? Who killed Sisera? What do you think about this story?

 9. Deborah writes a song to illustrate what God did. Please read her song in Judges 5.

Application

Below are some of the points or quotes shared in the message.
Discuss how they apply to your life.

Lessons from Deborah

- Nothing is impossible for God!

- Don't give up hope.

- Don't stop believing.

- Don't stop praying.

- Don't stop trusting.

- Don't give up hope.