

Message Study Guide

(Scriptures & quotes from this week's message are available on thorncreek.church/live)

Warming up

1. **What was your favorite thing to do when you were a kid?**

Digging Deeper & Application

Take your time reading the scripture given. If possible look up the verses in different versions and pause at each verse and discuss it.

2. **How would you define guilt?**

3. **What's the difference between true guilt and false guilt? How do you know the difference?**

4. **Psalm 32 is a journal of guilt. King David talks about his guilt from his sin with Bathsheba. Please read it slowly.**

- a. **What do verses 1-2 say about the benefits of forgiveness?**
- b. **Do you ever struggle with the idea that God has forgiven you for all your sins? Why?**
- c. **What do verses 3-4 say about the weight of guilt?**
- d. **What verse is a turning point for King David?**
- e. **According to verse six, what is our part?**
- f. **What is verse seven about?**
- g. **According to verses 8-11, what is God's part?**

- h. What should a person do with guilt? Please read Acts 3:19, Matthew 3:2.**
- 5. What does 1 Corinthians 6:9-11 say about Christ and our guilt?**
- 6. According to Luke 19:8, what did Zacchaeus do with his guilt?**

Application

Below are some key points to take away from this study. Take time to discuss the points and pray together:

- *“Guilt is ALWAYS hungry. Don’t allow it to consume you.” - Terri Guillimets*
- **We are forgiven, and do not have to carry the weight of guilt and shame with us anymore!**
- **“Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting” (Psalm 139:23-24)**