

Message Study Guide

(Scriptures & quotes from this week's message are available on thorncreek.church/live)

Warming up

1. Did you have a favorite food as a child?

Digging Deeper & Application

Take your time reading the scripture given. If possible look up the verses in different versions and pause at each verse and discuss it.

2. Read Romans 7:14-25 and Galatians 5:16-18.
 - a. Name a specific time that you didn't do what you wanted to or did what you didn't want to do. How did you work through that?
 - b. How often do you experience the opposition between the sinful nature and the Holy Spirit.
 - c. How do you manage the opposition in the moment of it happening?
3. What other passages in the Bible can you find that tell how to deal with the sinful nature. (Hint: Rom 13:14. Find more)
4. Read Galatians 5:22-23. Sometimes we can be self-unaware when it comes to the fruit of the Spirit. What are ways you can tell if you are progressing in walking by the Spirit?
5. Read Joshua 3:5 in different translations. What does it mean to consecrate yourself to God. How is that relevant to following the Holy Spirit?

Application

Below are some key points to take away from this study. Take time to discuss the points and pray together:

- We have freedom in Christ, yet we are not to continue in our sinful nature.
- Consecrate yourself (surrender yourself completely) to Jesus so that the Holy Spirit can fill you with power to bear the fruit of the Spirit.
- Let the Holy Spirit guide your life so you won't be doing what your sinful nature craves.